

# Meet the Team



Sr. M° José Rebelo, SSpS  
Netherlands



Bishop Tim Norton, SVD  
Australia (ONLINE)



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Netherlands

Coming from different lands, trained in different academic fields, and having ministered in a variety of countries, we are inspired by a common dream: to place our personal desire for inner transformation at the service of others. From experience, we believe in the power of intentional times of silence and contemplation to reach high levels of personal, spiritual and cultural awareness, and in the innate capacity of every person to embrace transformation as a means to reach full potential for mission.

For more information, visit:



Transformation,  
Healing,  
Vulnerability,  
Search for meaning,  
Culture,  
The Inner self...



At the service of  
God's Mission.

## Testimonies from 1<sup>st</sup> Edition:

"This short renewal program was the perfect oasis for body, soul and spirit in which to renew my YES to a loving God for the service of His people."  
(Katrina van Ruth, rsj – Australia/Peru)

This program helped me to reach the deeper levels of Christian spirituality. It has also strengthened the joy of my faith and my missionary commitment."  
(Norbert Cuypers, svd – Germany)

"This program deepened my perspectives of intentional intercultural living through the practice of Centering prayer, self-reflection and life review, journaling and group sharing. It was a great privilege to attend the program!"  
(Jyoti Kujur, mms – India/UK)

**15-29 JUNE  
2026**

**RENEWAL PROGRAM  
FOR MEMBERS OF  
RELIGIOUS ORDERS  
2nd EDITION**

**UNCOVERING THE INNER SELF IN  
INTERCULTURAL COMMUNITY LIVING:  
A PATH TO TRANSFORMATION**

**6-DAY WORKSHOP  
FOLLOWED BY  
7-DAY CONTEMPLATIVE RETREAT**



# Objectives:

- Discover the “immortal diamond” within – a deeper awareness of the Trinity’s presence at the heart of your being.
- Explore your true and false self to gain fresh insight into how you see yourself and the world around you.
- Build emotional awareness by learning to recognize how your feelings, thoughts, and actions connect in the present moment.
- Understand the role of culture in shaping values and perceptions—and how this influences relationships across communities and cultures.
- Practice contemplative listening and responding, guided by a spirit of ongoing discernment and openness.
- Experience silence and guided contemplative prayer, both during the workshop and retreat, as a way to hold strong emotions before God and become a more life-giving presence in community and mission.



*Transformation*

*Wonder of Creation.*

## Our Approach:

This program follows an experiential approach, exploring themes like vulnerability, healing, transformation, self-awareness, the search for meaning, and the role of culture in shaping our values.

At its heart is the journey toward discovering the true self—the “immortal diamond.” This inner work deepens our connection with God, self, others, and creation, helping us build more life-giving communities rooted in mission, with Jesus as our Model.

Total cost of Workshop & Retreat: 1.300€  
OBS: The number of participants is limited.  
Registration deadline: 20th May 2026

For more information, please contact:

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🌐 <https://www.steyler-missionsschwestern.de/standorte/steyl/silence-contemplation>

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