

Meet the Team



Sr. M^o José Rebelo, SSpS
Netherlands



Bishop Tim Norton, SVD
Australia



Sr. M^o Cristina Ávalos, SSpS
Netherlands

"Coming from different lands, trained in different academic fields, and having ministered in a variety of countries, we are inspired by a common dream: to place our personal desire for inner transformation at the service of others.

From experience, we believe in the power of intentional times of silence and contemplation to reach high levels of personal, spiritual and cultural awareness, and in the innate capacity of every person to embrace transformation as a means to reach full potential for mission."

For more information, visit:



Transformation,
Healing,
Vulnerability,
Search for meaning,
Culture,
The Inner self...



At the service of
God's Mission.

"In moments when we simply surrender all to God, God becomes the actor who acts through us. God becomes the writer of our lives, and we become the pencil with which God writes a love letter to the world."

Adam Bucko
(Engaged contemplation)

**17-31 MARCH
2025**

RENEWAL PROGRAM
FOR MEMBERS OF
RELIGIOUS ORDERS

**UNCOVERING THE INNER SELF IN
INTERCULTURAL COMMUNITY LIVING:
A PATH TO TRANSFORMATION**

6-DAY WORKSHOP
FOLLOWED BY
7-DAY CONTEMPLATIVE RETREAT



Objectives:

- To create a space for developing greater awareness of the “immortal diamond” – the indwelling Presence of the Trinity.
- To deepen the concepts of true self & false self, and thus, grow in a new way of seeing inward and outwardly.
- To further develop emotional language to identify, in the “here and now”, the connection: feelings – thoughts – behaviours.
- To grow in understanding the power of culture in core values and perceptions, and the impact of this in building bridges versus walls in interpersonal & intercultural relationships.
- To have space to learn and practice the art of “contemplative listening and responding” from an attitude of ongoing discernment.
- To practice moments of silence and guided contemplative prayer in the context of the workshop and (intensively) in the retreat, as a means to hold strong emotions before God, so as to become a more life-giving presence in community and mission.

Transformation...



Wonder of Creation.

Kim Smith 2011

Approach:

From an experiential perspective, we will work on concepts like vulnerability, transformation, healing, search for meaning, self-awareness, culture and its power in shaping core values and perceptions...

In this process, light is shed on the quest for the true self – the “immortal diamond”, nurturing love-filled connections with self, God, others, and creation and, consequently, fostering the construction of more lifegiving communities at the service of Mission – having Jesus as the Model.

Total cost of Workshop & Retreat: 1.300€
OBS: The number of participants is limited.
Registration deadline: 15th January 2025

For more information, please contact:

✉ silence.contemplation.steyl@ssps.de

🌐 <https://www.steyler-missionsschwestern.de/standorte/steyl/silence-contemplation>

🏠 Mission Cong. Servants of the Holy Spirit
Sacred Heart Monastery
5935 BX Steyl

📍 Netherlands
(Closer airports: Dusseldorf or Eindhoven)

☎ +31 638 489 835

